**Coffey County**

**4-H Beekeeping**

**Goal Setting**

<table>
<thead>
<tr>
<th>Specific</th>
<th>Measurable</th>
<th>Achievable</th>
<th>Realistic</th>
<th>Timely</th>
</tr>
</thead>
<tbody>
<tr>
<td>What do you want to do?</td>
<td>How will you know when you’ve reached it?</td>
<td>Is it in your power to accomplish it?</td>
<td>Can you realistically achieve it?</td>
<td>When exactly do you want to accomplish it?</td>
</tr>
</tbody>
</table>

**WHAT IS A GOAL?**

A GOAL is … Deciding what you want do and learn in a 4-H project. A road map. It helps you get where you want to go.

Your goals should have three parts that will allow you to measure and check your progress. The three parts of a good goal, include:

1. **ACTION** — How are you going to do something.
2. **RESULT** — What are you going to do. Be specific!
3. **TIMETABLE** — When are you going to do it.

This worksheet is designed to help you set your 4-H project goals. Below are some examples of well-written goals:

<table>
<thead>
<tr>
<th>Action</th>
<th>Result</th>
<th>Timetable</th>
<th>Who Will Help Me</th>
</tr>
</thead>
<tbody>
<tr>
<td>I want to learn</td>
<td>about my bucket calf’s nutritional needs</td>
<td>before county weigh-in.</td>
<td>Dad</td>
</tr>
<tr>
<td>I want to make</td>
<td>three nutritious snacks for the nursing home residents</td>
<td>by our June club meeting.</td>
<td>my project leader</td>
</tr>
<tr>
<td>I want to learn</td>
<td>about the aerodynamics of my rocket</td>
<td>before the spring launch.</td>
<td>Mom</td>
</tr>
<tr>
<td>I want to lead</td>
<td>a horse project meeting</td>
<td>by February.</td>
<td>my extension agent</td>
</tr>
<tr>
<td>I want to keep</td>
<td>accurate records of my photography project experiences and expenses</td>
<td>monthly.</td>
<td>my project leader &amp; parents</td>
</tr>
</tbody>
</table>

CONTROL TEST: Do your goals pass the control test? Do you have control over all parts of what happens? If you can answer “yes,” then you are ready to begin record keeping. For example, “I want to win grand champion with my cookies at the county fair,” does not pass the control test. A 4-H member doesn’t have control over ribbon placing.
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**Individual Goals:**

1. I want to
   __________________________________________________________
   By/Before
   __________________________________________________________
   __________________________________________________________
   __________________________________________________________

2. I want to lead
   __________________________________________________________
   By/Before
   __________________________________________________________

3. I want to conduct a project demonstration or project talk on the topic of
   __________________________________________________________
   By Coffey County 4-H Demonstration Day

**Group Goals:**

1. We want to
   __________________________________________________________
   By/Before
   __________________________________________________________
   __________________________________________________________

2. We want to
   __________________________________________________________
   By/Before
   __________________________________________________________

3. We want to
   __________________________________________________________
   By/Before