Favorite Foods Show CHECKLIST
Saturday, February 24, 2024
Set-up 15 minute prior to scheduled appointment
Burlington Elementary School Gym

BEFORE THE EVENT:

☐ Practice setting up your exhibit
☐ Study the nutritional value of the foods on your menu
☐ Study food safety procedures you would need to take while preparing and serving your meal
☐ Prepare your favorite food
   ○ Take picture of food preparation and final product
☐ Prepare (Menu and Favorite Food recipe)

ITEMS

☐ Card Table
☐ Table Covering
☐ Centerpiece
☐ Appropriate dishes
☐ Appropriate silverware
☐ Napkin
☐ Favorite Food Recipe
☐ Menu
☐ Pictures of preparation and final product

EXHIBITOR

☐ Attire
   ○ Looks clean with neat appearance
☐ Knowledge
   ○ How to prepare and serve the foods on menu (especially favorite food)
   ○ Nutritional value of the meal
   ○ Portion sizes
   ○ Food safety
☐ Traits
   ○ Be friendly, confident, and excited about what you are presenting!
   ○ Don’t forget to SMILE!!! 😊
☐ Time
   ○ Setup 15 minutes prior to scheduled appointment.