

# **Favorite Foods Show CHECKLIST**

Friday, February 26, 2022

Set-up 15 minute prior to scheduled appointment

FCS Judging 8-11

Burlington Elementary School Library

## **BEFORE THE EVENT:**

- ☐ Practice setting up your exhibit
- ☐ Study the nutritional value of the foods on your menu
- ☐ Study food safety procedures you would need to take while preparing and serving your meal
- ☐ Prepare your favorite food
  - Take picture of food preparation and final product
- ☐ Prepare (Menu and Favorite Food recipe)

## **ITEMS**

- ☐ Card Table
- ☐ Table Covering
- ☐ Centerpiece
- ☐ Appropriate dishes
- ☐ Appropriate silverware
- ☐ Napkin
- ☐ Favorite Food Recipe
- ☐ Menu
- ☐ Pictures of preparation and final product

## **EXHIBITOR**

- ☐ Attire
  - Looks clean with neat appearance
- ☐ Knowledge
  - How to prepare and serve the foods on menu (especially favorite food)
  - Nutritional value of the meal
  - Portion sizes
  - Food safety
- ☐ Traits
  - Be friendly, confident, and excited about what you are presenting!
  - Don't forget to SMILE!!! ☺
- ☐ Time
  - Setup 15 minutes prior to scheduled appointment.