Favorite Foods Show CHECKLIST
Friday, February 26, 2022
Set-up 15 minute prior to scheduled appointment
FCS Judging 8-11
Burlington Elementary School Library

BEFORE THE EVENT:

☐ Practice setting up your exhibit
☐ Study the nutritional value of the foods on your menu
☐ Study food safety procedures you would need to take while preparing and serving your meal
☐ Prepare your favorite food
    o Take picture of food preparation and final product
☐ Prepare (Menu and Favorite Food recipe)

ITEMS

☐ Card Table
☐ Table Covering
☐ Centerpiece
☐ Appropriate dishes
☐ Appropriate silverware
☐ Napkin
☐ Favorite Food Recipe
☐ Menu
☐ Pictures of preparation and final product

EXHIBITOR

☐ Attire
    o Looks clean with neat appearance
☐ Knowledge
    o How to prepare and serve the foods on menu (especially favorite food)
    o Nutritional value of the meal
    o Portion sizes
    o Food safety
☐ Traits
    o Be friendly, confident, and excited about what you are presenting!
    o Don’t forget to SMILE!!! 😊
☐ Time
    o Setup 15 minutes prior to scheduled appointment.