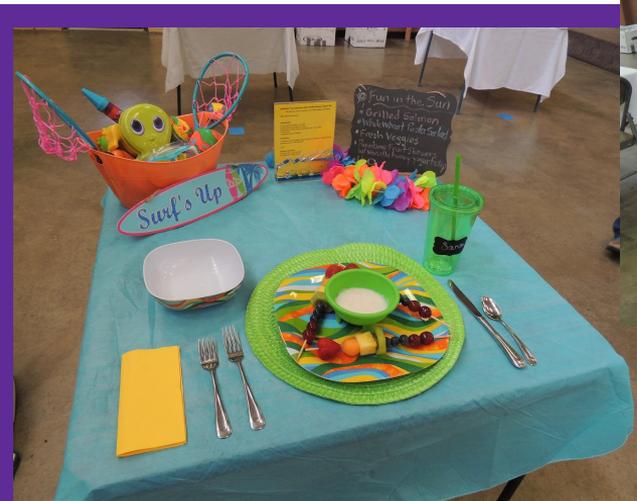


Favorite Foods



What is Favorite Foods?

Favorite Foods is an event that focuses on the following:

- Meal preparation
- Nutritional Knowledge
- Menu Planning
- Food Safety
- Table Setting
- Appropriateness for occasion
- Favorite Food Item

What do I need to do Favorite Foods?

- Menu
- Table Setting
- Knowledge
- Showmanship

Menu

- Choose a theme
- Choose a meal--breakfast, lunch, or supper
- Create a menu--include everything you will serve at that meal
- Follow the guidelines of My Plate by the USDA
- Choose a creative way to display your menu

Table Setting

- Bring your own card table
- One table setting using dishes, flatware, place mat , tablecloth, napkin, glassware, and centerpiece
- Make sure your table setting goes with your menu.
- One serving of your Favorite Food

Knowledge

- Food safety--know how long your food can set out
- Measurements--know how much of each ingredient was used
- Nutrition--include the recipe with nutrition information
- Food preparation--know how to fix all of the items on your menu, especially your Favorite Food
- My Plate guidelines--know how they fit your menu

Showmanship

- Choose an outfit that goes with your theme
- Be clean and neat
- Hair out of your face and eyes
- Answer all of the judge's questions about your Favorite Food, menu, and table setting

My Plate



Surf's Up Theme



Camo Theme



SHAPPA' TUETLE GALLI
THE TALK
REDNECK TUETLE BURGERS
SPICE LATCHO FRUIT
PAPER FRUIT
POUNCE POUNCE
KID TEA

SHAPPA' TUETLE GALLI
THE TALK
REDNECK TUETLE BURGERS
SPICE LATCHO FRUIT
PAPER FRUIT
POUNCE POUNCE
KID TEA

Spring Theme



Canadian Fishing Theme



Dressing for the Theme



Conference Judging

