# 2019-2020 Coffey County



## 4-H Family Handbook



## Many resources are available on our website:

coffey.ksu.edu

Look under the "4-H Youth Development" tab on the left or visit the state 4-H website at:

www.kansas4-h.org

If you have any questions please contact your club leader or the extension office at 364-5313!

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## Coffey County 4-H Club Directory

There are six 4-H clubs in Coffey County and they usually meet once a month. Listed below are the names and phone numbers of the leaders. Also listed are the meeting dates and times.

<u>CLUB</u>	MEETING PLACE AND DAY	<u>LEADER</u>	
Blue Ribbon	Lebo Methodist Church	Dawn Williams	620.256.6557
	2 <sup>nd</sup> Wednesday - 6:30 p.m.	Karen Sergeant	620.343.4367
		Janine Dorr	620.757.6337
		Amanda Durst	620.794.3548
Liberty	Gridley Fire Station	Yvonne Lutz	620.437.6457
	1 <sup>st</sup> Sunday - 6:30 p.m.	Janet Leiser	620.490.0185
Smilin' Thru	St. John Lutheran Church- Aliceville	Olivia Lehmann	316.284.1192
	2 <sup>nd</sup> Sunday- 4:00 pm	John Lehman	316.284.1192
		Lacy Lankton	620.363.1245
		Korey Lankton	620.363.1245
Stringtown Bombers	4-H Building	Brenda Klubek	620.364.5210
	2 <sup>nd</sup> Wednesday - 7:00 p.m.	Monique Hart	620.203.9231
		Sarah Rice	620.203.0386
		Krista Cubit	785.304.0875
Hay Busters	New Strawn Fire Station	Kerri Hugunin	620.364.3343
	1st Sunday- 5:00 p.m.		
Tip Top	Waverly Community Building	Mary Lou Ponder	620.256.6132
	2 <sup>nd</sup> Wednesday - 7:00 p.m.	Kristi Vogts	785.733.2811



## **Coffey County Extension Council**

The Coffey County Extnesion Council is make of twenty-four representatives that serve on one of four Program Development Committee's (PDC's). Those PDC's are Agriculture, 4-H & Youth, Family & Consumer Sciences, and Economic Development There are six citizens on each committee. The PDC's purpose is to:

- 1) Work with agents to plan Extension educational programing.
- 2) Review and establish priorities of educational needs, issues and concerns for residents of Coffey County.

To contact the extension office call 620.364.5313.

## The 4-H Program

#### WHAT IS 4-H?

- •4-H is a volunteer led, family oriented, educational program.
- •4-H is for all youth and gives them the opportunity to "learn by doing".
- •4-H is kids having fun and learning with their friends.

#### **WHAT IS THE PRIMARY OBJECTIVE OF 4-H?**

The basic philosophy in 4-H is to strengthen the mental, physical, moral and social development of boys and girls, therefore, helping develop more desirable citizens and leaders. The 4-H mission is to teach life skills to youth. They are: building a positive self concept; developing an inquiring mind; building a concern for the community; building healthy, interpersonal relationships; and developing sound decision making skills. The main objective is the development of boys and girls to their full potential through participation on projects, events and various activities.

4-H is intended to *enhance* the three primary educational institutions . . . namely the school, church and home.

#### WHY DO YOUTH ENJOY 4-H?

While all youth are different, they are also alike in many ways. Five inner desires are shared by all youth:

- 1. THEY WANT TO BELONG
- 2. THEY WANT TO ACHIEVE
- 3. THEY WANT TO BECOME INDEPENDENT
- 4. THEY WANT EXPERIENCES AND ADVENTURE
- 5. THEY WANT AFFECTION

The wide variety of "learn by doing" projects, activities, and events which make up the 4-H program contribute to meeting these needs. Decision making, individual responsibility, achievement and recognition further help to make 4-H satisfying.



#### **4-H YEAR**

A new 4-H year starts October 1 each year and ends September 30 of the following year.

#### WHAT IS A 4-H CLUB?

A 4-H club is a group of boys and girls organized with officers appropriate to the group and with one or more leaders under the sponsorship of K-State Research & Extension Coffey County.



The club is organized within a neighborhood, school, church, a business or social unit. The size of the club should be suitable to the age of these members, meeting place and leadership available. This type of club is called a Community 4-H Club.

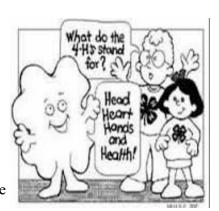
Most clubs hold a monthly meeting - normally the same week night each month.

#### **MOTTO**

"To Make The Best Better"

#### **EMBLEM**

The 4-H emblem is the four-leaf clover with the letter "H" on each leaf. The "H's" stands for Head, Heart, Health, and Hands.



#### **COLORS**

The 4-H colors are green and white. Green symbolizes nature's most common color and represents life, spring-time, and youth. White symbolizes purity.

#### 4-H PLEDGE

I pledge

My head to clearer thinking,

My heart to greater loyalty,

My hands to larger service, and

My health to better living for my club, my community, my country and my world.

#### AGE FOR MEMBERSHIP

4-H membership is open to all boys and girls that will turn 7 years old and have not yet passed their 19<sup>th</sup> birthday by January 1<sup>st</sup> of the current 4-H year. Youth 5-6 years old may join as a "Clover Bud" until they become 4-H age 7.

#### **4-H AGE**

Some events require age limits. 4-H age is determined as of January 1 of the current **4-H year**. All reference to age in this document refers to 4-H age unless otherwise noted.



## Who's Who in 4-H

#### **LOCAL CLUB LEVEL**

**4-H Member:** Eligible youth who fill out an enrollment card and meet the requirements.

<u>4-H Parents</u>: Parents are important to the success a child will have in the 4-H program. Parents should attend monthly meetings and project meetings with their child. All county-wide events are open and parents are encouraged to attend.

<u>Community Leader</u>: A volunteer who is responsible for the organizational part of the community club.

**Project Leader:** A volunteer who organizes project meetings for a specific project. This person is often a 4-H parent who agrees to help with a project. It may also be a Junior Leader or a person from the community who has an interest in a particular subject matter area.

<u>Assistant Project Leader:</u> A 4-H member who takes an active part in helping the project leaders in the club. By doing this, they grow, mature, and learn leadership skills.

<u>Club Officer:</u> Each club has offices that are filled by youth in that club. These offices include: president, vice president, secretary, treasurer, reporter, historian, 4-H council representative, recreation, and song leader. Some clubs add other offices or elect Jr. Officers to involve more youth.

<u>Parent Committees</u>: (Optional) Composed of 3-5 parents of members. Duties may include giving input into club program, recruit and orient leaders, and assist the club leader if needed.

Cloverbuds: Pre-4-Her's aged 5-6 years old.

#### **COUNTY LEVEL**



<u>4-H Program Development Committee (PDC):</u> This group is an elected body of six people (elected at large). They are responsible for the program direction on a county wide basis. They implement and help carry out new policies, programs and suggest improvements.

2019-2020: Ashley Krueger, Sarah Rice, Christina Morray, Dawn Williams, Krista Cubit, Travis Skillman

Extension Agents: They are the KSU Research & Extension professionals who are charged to implement and help carry out the 4-H PDC's objectives. The Extension Office is located in the *CF Co Courthouse* at 110 S. 6<sup>th</sup> St., Burlington, KS. The phone number is 620-364.5313.

<u>4-H Council</u>: This group is made up of 4 youth and representatives from each of the community clubs. They are responsible for making decisions regarding county wide activities and events.



#### **STATE LEVEL**

**<u>Kansas State University:</u>** Kansas State is the land grant university, which has the responsibility for taking education to the people of the state and the 4-H program is part of that directive.

<u>State Specialists</u>: They are responsible for the 4-H program on a state wide basis. Each one has a specific responsibility of the 4-H program. They are based at the KSU campus and Area Extension Offices.

**<u>Kansas 4-H Foundation:</u>** A non-profit organization provides additional resources for the 4-H program. They sponsor scholarships, funding for programs, and assist where needed.

**Rock Springs 4-H Center:** Rock Springs 4-H Center is a 735-acre, year-round camp, conference and retreat center nestled in the scenic Kansas Flint Hills near Junction City. It is owned and operated by the Kansas 4-H Foundation. It is funded by fees and the contributions of generous donors.

## 4-H Projects

4-H members should take at least one project each year. Completing the Kansas Award Portfolio (KAP) for that project is required to complete the project and required to compete for county champion awards in the fall.

There are numerous projects to participate in. If there is something you are interested in but isn't listed as a formal project, you can enroll in the "Self Determined" project and complete work in that area.

The project leader will notify members about when and where the project meeting will be held. Project meetings are generally held from November through July. The number of project meetings varies from project to project and is generally left up to the project leader. 4-Her's must attend at least two project meetings unless excused. Youth should notify the leader if they won't be able to attend a meeting.

If there is no project leader, you can learn on your own. The Extension office can help provide you with materials that can help you in your project experience if needed.

A member is expected to exhibit at the county fair in each project that they are enrolled in.

Projects provide the basis of the 4-H program by offering various educational experiences. Carrying out a project will help the member "LEARN BY DOING". Add or drop projects by written request (email, note, or newly signed enrollment report) to the Extension Office. **The add/drop project deadline is May 1.** 



#### **Project Selection**

In choosing a project, a member will consult with their parents and 4-H leader(s). After considering all the projects available and the requirements of each, they should select one based on:

- a. Their interests, needs, and capabilities.
- b. Their family situation.
- c. Suitability of the area in which they live.
- d. What season of the year most of the activity in the project occurs.
- e.The number they can successfully complete.

Members enrolling for the first time are encouraged to take only 2-3 projects. As a member gains in knowledge and experience, the size of the project may increase and additional projects selected.

The Extension Office has a Project Guide which gives a brief explanation of each project. Members may also ask the project leader about the project and requirements for it.

Early in their 4-H career, a member should consider developing a tentative project plan to guide them.

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## 4-H KAP Books

Projects should increase in size and complexity as youth advance in age and experience. In enrolling for additional projects, a 4-H member should try to include those projects which match their interests.

The project is the core of the 4-H member's experience. It is the center of many activities and experiences in which members should be encouraged to participate. The experienced member will find satisfaction in expanding their project work, in learning experiences of greater depth, in career or a vocational possibility. Each of these relates to the project the member selects.

#### 4-H KAP BOOKS

4-H Kansas Award Portfolio (KAP) books provide a valuable learning opportunity for 4-H members. Member are strongly encouraged to resubmit their books at the end of the year for county project and achievement awards if eligible.

In their first year in 4-H, members may obtain a green 4-H book binder. This cover will be kept as long as the member is in 4-H. Members may receive the 4-H KAP forms from the club leaders, the Extension office or you may download them directly from the Coffey Co. website www.coffey.ksu.edu. The basic parts of the record book are:



- 1. <u>Personal Page</u> This gives basic information about the 4-H member. A new page needs to be completed each year.
- 2. <u>Permanent Record</u>-This record is a summary of the years activities and events. Several years will be compiled on one record.
- 3. <u>Kansas Awards Portfolio (KAP)</u> This is the project information form that members have to fill out for each project they are enrolled in if they want to be considered in and evaluated for County Champion.

4-H Book KAP forms should be filled out as completely and accurately as possible. Parents may oversee the child's work, but the child should do their own writing.



#### ASSEMBLY OF THE 4-H KAP BOOK IN COFFEY COUNTY



Assemble each KAP's information (1-3) in this order in its own folder with all folders together in a "book".

- 1. Personal Page
- 2. 4-H KAP forms for each project (alphabetical order) which includes photo pages.
- 3. Project Story pertaining to that respective KAP 6 page maximum length
- 4. 4-H Permanent Record (1 copy placed behind all KAPs)

#### 4-H ACHIEVEMENT AWARDS

(All Achievement Awards are given out at the 4-H Achievement Banquet)

#### Kansas Achievement Pin Plan - Applications will be available from the Extension Office.

They are as follows:

- •Membership Pin Must be given at the end of the member's first year in 4-H.
- •Bronze Pin A member may apply after completing 2 years of 4-H.
- •Clover Pin A member may apply after completing 3 years of 4-H.
- •Emerald Pin A member may apply after completing 4 years of 4-H.
- •Silver Pin A member may apply after completing 5 years of 4-H.
- •Silver Guard Pin A member may apply receiving the Silver Pin.
- •Leadership Pin A member may apply after receiving the Silver Guard Pin and must be enrolled in the leadership project.
- •Gold Pin A member may apply after receiving the Silver Guard Pin and Leadership Pin.
- •Gold Guard Pin A member may apply after receiving the Gold Pin, must be 15 years old or older on January 1 of the current year and must be enrolled in the Leadership project.
- •Summit Pin

#### **County Champion Project Achievement Awards**

The 4-H KAP Books will be judged. They will determine the county winners in the various project areas.



<u>Key Award</u> -This is the highest award given. Only 10% of 4-H members receive this award. Members must be 16 years of age to apply. Applications can be picked up at the Extension Office or downloaded from the link on the Coffey Co. 4-H web page, www.coffey.ksu.edu.

#### **OTHER 4-H RECOGNITIONS**

<u>Area KAP Book Screening</u> - Senior 4-Her's, whose books are selected county champion in a project area at the county level, are eligible to send their book to the Southeast Area Record Book Screening. At the area screening, two record books are selected in each project to go on and compete at the state screening.

<u>"County Champion" KAP Books</u> - Judges select project "County Champions" on completeness, neatness and content of the KAP submitted for the various projects.

<u>Project Leader</u> - 4-H'ers and adults who organize and/or teach projects are recognized. 4-H'ers should be enrolled in the Leadership project.

<u>Junior Project Leader</u> - 4-H'ers who help project leaders teach projects, etc.. are recognized.

4-H'ers who are junior project leaders should also enroll in the Leadership project, with a minimum age of 13 in 4-H years.

<u>Ambassadors</u> -4-H'ers who are Freshman to Seniors in High School can apply to be an Ambassador. They must fill out an application and then are interviewed and selected by a committee. Their role is to promote 4-H in Coffey County through public presentation, etc...

## 4-H Events and Activities

See Kansas 4-H Events Page for more information on the events and activities offered.

#### Resources

Kansas 4-H website: <a href="https://www.kansas4-h.org/">https://www.kansas4-h.org/</a>

Website: <a href="https://www.coffey.k-state.edu/">https://www.coffey.k-state.edu/</a>

Facebook page: <a href="https://www.facebook.com/coffeycountyextension/">https://www.facebook.com/coffeycountyextension/</a>

Monthly Newsletters: <a href="https://www.coffey.k-state.edu/4-h/newsletters/">https://www.coffey.k-state.edu/4-h/newsletters/</a>

Call the extension office at 620.364.5313 with questions.

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