

# INTERMEDIATE FCS Judging Proposal – 2018

## DRAFT

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Challenge Topic: Health

Age: Intermediate (9-13 as of 1/1/2018)

Teams: Consist of 2-4 members

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### **What is Health?**

Health is defined as a person's physical, mental and emotional well-being. Health can be measured by quality of life, how you grow and develop and physical activity. Where can examples of health be found in your community?

### **FCS Judging Focus Challenge Charge:**

Team up with one to three other 4-H peers. Teams can be 2, 3 or 4 members. Explore your community. What health problems exist in your community?

### **Define a Health Problem.**

Begin by identifying a problem that is affecting health in your community. Be creative! Examples could be: access to your community park is difficult due to uneven sidewalks; or healthy food options are limited due to available grocery store options; or access to a building is difficult due to poor outside lighting. Explore your school, church or local organizations for health problem options.

### **Research the Problem.**

How is this problem affecting health of people in your community? Who, in your community, knows more about why this problem exists? Talk to one adult in your community to learn more. How long has the problem been occurring? Does this problem occur at other areas of your community, if so, where? Ask a peer, not on your team, and not a team member sibling, for ideas about the problem.

### **Create a Plan.**

What has already been done or is occurring to solve the problem? What could be done, from your team's perspective to eliminate the problem or make it less of a problem? What needs to happen for your team's plan to be implemented? How much money will it cost to implement your team's solution? What other resources are needed to implement your team plan? How will your solution plan improve the health of people in your community?

### **Design a Video.**

In 2-4 minute video, created by your team, share the problem your team is working to solve to improve health in your community. Teams may utilize any video software available to create their video. Share details about the problem. Share your team's plan to solve the problem. Use royalty free production music, instead of popular music, due to copyright laws. Send a link to your video by May 15 to Andrea Feldkamp at [afeld@ksu.edu](mailto:afeld@ksu.edu). When a web-link is submitted, please make sure it is a working link. If judges are not able to access web-links, this may result in disqualification. Complete and send the problem guide and rubric with the video.

### **Other Details:**

Each unit may submit as many team entries as desired. Entries will be selected for the State Fair contest, based upon team's ability to achieve the rubric criteria. The contest will be held on Saturday, September 15, 2018. At least 2 team members, must be present to participate in the contest, to be award eligible.

### **What Teams Should Submit by the May 15 Deadline:**

- Completed team problem guide and rubric.
- 2-4 minute video.