

4-H Worksheet

(start filling out at beginning of new 4-H year)

Name: _____

4-H Year: _____

4-H Club: _____

"Making the Best, Better!"

Projects: _____

Project Goals:

Leadership Goals: _____

Community Service Goals: _____

Public Speaking Goals _____



WE ARE KANSAS 4-H

What I Did This Year:



October:

- Attended club meeting
- Attended project meeting(s)
- Something you've learned

- Someone I've helped
- Other activities:

Be Thinking About:

Project Expenses



November:

- Attended club meeting
- Attended project meeting(s)
- Something you've learned

- Someone I've helped
- Other activities:

Be Thinking About:

Project Expenses



December:

- Attended club meeting
- Attended project meeting(s)
- Something you've learned

- Someone I've helped
- Other activities:

Be Thinking About:

Project Expenses



January:

- Attended club meeting
- Attended project meeting(s)
- Something you've learned

Be Thinking About:

Project Expenses

- Someone I've helped
- Other activities:



February:

- Attended club meeting
- Attended project meeting(s)
- Something you've learned

Be Thinking About:

Project Expenses

- Someone I've helped
- Other activities:



March

- Attended club meeting
- Attended project meeting(s)
- Something I've learned

Be Thinking About:

Project Expenses

- Someone I've helped
- Other activities:



April:

- Attended club meeting
- Attended project meeting(s)
- Something I've learned

Be Thinking About:

Project Expenses

- Someone I've helped
- Other activities:



May:

- Attended club meeting
- Attended project meeting(s)
- Something I've learned

Be Thinking About:

Project Expenses

- Someone I've helped
- Other activities:



June:

- Attended club meeting
- Attended project meeting(s)
- Something I've learned

Be Thinking About:

Project Expenses

- Someone I've helped
- Other activities:



July:

- Attended club meeting
- Attended project meeting(s)
- Something I've learned

Be Thinking About:

- Someone I've helped
- Other activities:

Project Expenses



August:

- Attended club meeting
- Attended project meeting(s)
- Something I've learned

Be Thinking About:

- Someone I've helped
- Other activities:

Project Expenses



September:

- Attended club meeting
- Attended project meeting(s)
- Something I've learned

Be Thinking About:

- Someone I've helped
- Other activities:

Project Expenses

4-H Member Monthly Activities

Activity	October	November
List any Leadership Roles or Offices held (Sec. 1)		
Meetings Attended (Sec. 1)		
Attend project meeting – club or county level. Name the project & level. (Sec.1)		
Serve on club or county committee (Sec. 1).		
Exhibit project work at club tour, fair, etc. (Sec. 2).		
Give a 4-H project talk, demonstration, etc. What project, when and where given? (Sec. 2).		
Participate in a judging contest. Where & results? (Sec. 2).		
Participate in other contest. (beef show, fashion review, etc.) (Sec. 2).		
Work done on a 4-H committee. (Sec. 3).		
Attend, participate, or help with an event, etc. Tell what event. (Sec. 3).		
Project work done (make cookies, select animals, etc.) Tell what project & explain. (Sec. 3)		
Leadership, service, or assistance given – nursing home, fair clean-up, fund-raising, etc. (Sec. 3).		
Important recognition received- awards, trips, etc. (Sec. 4).		

4-H Member Monthly Activities

Activity	December	January
List any Leadership Roles or Offices held (Sec. 1)		
Meetings Attended (Sec. 1)		
Attend project meeting – club or county level. Name the project & level. (Sec.1)		
Serve on club or county committee (Sec. 1).		
Exhibit project work at club tour, fair, etc. (Sec. 2).		
Give a 4-H project talk, demonstration, etc. What project, when and where given? (Sec. 2).		
Participate in a judging contest. Where & results? (Sec. 2).		
Participate in other contest. (beef show, fashion review, etc.) (Sec. 2).		
Work done on a 4-H committee. (Sec. 3).		
Attend, participate, or help with an event, etc. Tell what event. (Sec. 3).		
Project work done (make cookies, select animals, etc.) Tell what project & explain. (Sec. 3)		
Leadership, service, or assistance given – nursing home, fair clean-up, fund-raising, etc. (Sec. 3).		
Important recognition received- awards, trips, etc. (Sec. 4).		

4-H Member Monthly Activities

Activity	February	March
List any Leadership Roles or Offices held (Sec. 1)		
Meetings Attended (Sec. 1)		
Attend project meeting – club or county level. Name the project & level. (Sec.1)		
Serve on club or county committee (Sec. 1).		
Exhibit project work at club tour, fair, etc. (Sec. 2).		
Give a 4-H project talk, demonstration, etc. What project, when and where given? (Sec. 2).		
Participate in a judging contest. Where & results? (Sec. 2).		
Participate in other contest. (beef show, fashion review, etc.) (Sec. 2).		
Work done on a 4-H committee. (Sec. 3).		
Attend, participate, or help with an event, etc. Tell what event. (Sec. 3).		
Project work done (make cookies, select animals, etc.) Tell what project & explain. (Sec. 3)		
Leadership, service, or assistance given – nursing home, fair clean-up, fund-raising, etc. (Sec. 3).		
Important recognition received- awards, trips, etc. (Sec. 4).		

4-H Member Monthly Activities

Activity	April	May
List any Leadership Roles or Offices held (Sec. 1)		
Meetings Attended (Sec. 1)		
Attend project meeting – club or county level. Name the project & level. (Sec.1)		
Serve on club or county committee (Sec. 1).		
Exhibit project work at club tour, fair, etc. (Sec. 2).		
Give a 4-H project talk, demonstration, etc. What project, when and where given? (Sec. 2).		
Participate in a judging contest. Where & results? (Sec. 2).		
Participate in other contest. (beef show, fashion review, etc.) (Sec. 2).		
Work done on a 4-H committee. (Sec. 3).		
Attend, participate, or help with an event, etc. Tell what event. (Sec. 3).		
Project work done (make cookies, select animals, etc.) Tell what project & explain. (Sec. 3)		
Leadership, service, or assistance given – nursing home, fair clean-up, fund-raising, etc. (Sec. 3).		
Important recognition received- awards, trips, etc. (Sec. 4).		

4-H Member Monthly Activities

Activity	June	July
List any Leadership Roles or Offices held (Sec. 1)		
Meetings Attended (Sec. 1)		
Attend project meeting – club or county level. Name the project & level. (Sec.1)		
Serve on club or county committee (Sec. 1).		
Exhibit project work at club tour, fair, etc. (Sec. 2).		
Give a 4-H project talk, demonstration, etc. What project, when and where given? (Sec. 2).		
Participate in a judging contest. Where & results? (Sec. 2).		
Participate in other contest. (beef show, fashion review, etc.) (Sec. 2).		
Work done on a 4-H committee. (Sec. 3).		
Attend, participate, or help with an event, etc. Tell what event. (Sec. 3).		
Project work done (make cookies, select animals, etc.) Tell what project & explain. (Sec. 3)		
Leadership, service, or assistance given – nursing home, fair clean-up, fund-raising, etc. (Sec. 3).		
Important recognition received- awards, trips, etc. (Sec. 4).		

4-H Member Monthly Activities

Activity	August	September
List any Leadership Roles or Offices held (Sec. 1)		
Meetings Attended (Sec. 1)		
Attend project meeting – club or county level. Name the project & level. (Sec.1)		
Serve on club or county committee (Sec. 1).		
Exhibit project work at club tour, fair, etc. (Sec. 2).		
Give a 4-H project talk, demonstration, etc. What project, when and where given? (Sec. 2).		
Participate in a judging contest. Where & results? (Sec. 2).		
Participate in other contest. (beef show, fashion review, etc.) (Sec. 2).		
Work done on a 4-H committee. (Sec. 3).		
Attend, participate, or help with an event, etc. Tell what event. (Sec. 3).		
Project work done (make cookies, select animals, etc.) Tell what project & explain. (Sec. 3)		
Leadership, service, or assistance given – nursing home, fair clean-up, fund-raising, etc. (Sec. 3).		
Important recognition received- awards, trips, etc. (Sec. 4).		

NOTES

Many resources are available on our website:

www.coffey.ksu.edu

Look under the “4-H Youth Development” tab on the left.

If you have any questions please contact your club leader or
the extension office!

Questions?
Contact the Coffey County Extension Office at 364-5313
or
Go to our website www.coffey.ksu.edu



K-State Research and Extension is a short name for the Kansas State University Agricultural Experiment Station and Cooperative Extension Service, a program designed to generate and distribute useful knowledge for the well-being of Kansans. Supported by county, state, federal and private funds, the program has county Extension offices, experiment fields, area Extension offices and regional research centers statewide. Its headquarters is on the K-State campus in Manhattan.
